

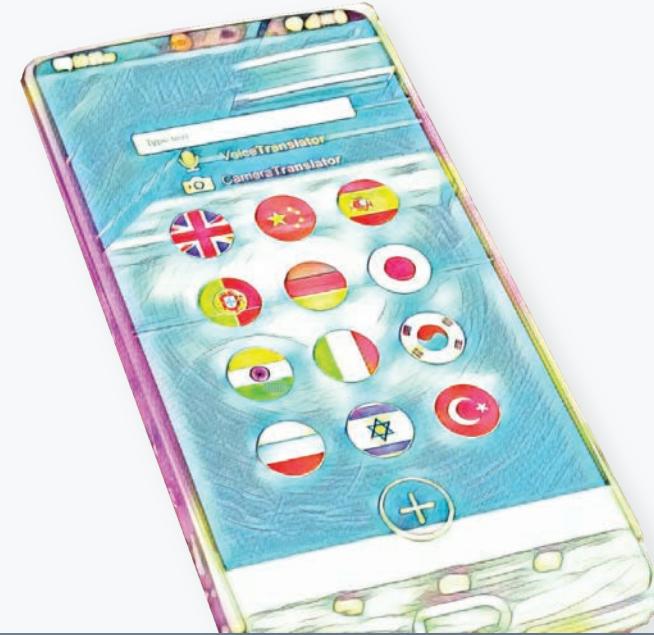


GAYTHER
LGBTQ TOGETHER

www.gayther.com

Gayther is the trading name of Ovester Limited, a company registered in England and Wales under registration number 06250776, and our registered office is at 2 Ambleside Avenue, London, SW16 6AD, United Kingdom. Our principal place of business is at Ovester, Kemp House, 152-160 City Road, London, EC1V 2NX, United Kingdom.

GDI282021-05



MEDICAL DIAGNOSIS INTERPRETER

Point, mark, translate & communicate +



TOP 1-5 OF THE MOST TRAVELED

Edition





GAYTHER
— LGBTQ TOGETHER —

In our hour of need, our words and how we communicate can be the difference between life and death. Quickly express how you are feeling to get the help and support you need.

Stay safe, protected and return home safely

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All of the phrases and terms used in this document are literal translations and have not been validated or verified by a native speaker. All of the illustrations and terms have been designed to support and aid conversations, and any diagnosis carried out by a medical professional. The Medical Diagnosis Interpreter (MDI) is designed for illustrative purposes only and does not constitute advice. Though we have endeavoured to ensure that all of the information used is up-to-date, we do not provide any guarantees to the accuracy and completeness of any information contained within the MDI. By using the MDI you accept you are doing so at your own risk.

Conversion Table

MASS		VOLUME	
microgram (mcg) / miligram (mg) / gram (g)		teaspoon (tsp) / tablespoon (tbsp) / millilitre (ml) / litre (l)	
500mcg	0.5mg	1 tsp	6ml
600mcg	0.6mg	1 tbsp	3tsp or 15ml
700mcg	0.7mg	100ml	0.1l
800mcg	0.8mg	200ml	0.2l
900mcg	0.9mg	300ml	0.3l
1mg	0.001g	400ml	0.4l
500mg	0.5g	500ml	0.5l
600mg	0.6g	600ml	0.6l
700mg	0.7g	700ml	0.7l
800mg	0.8g	800ml	0.8l
900mg	0.9g	900ml	0.9l
1g	1g	1l	1l

TEMPERATURE			
celsius (°C) / fahrenheit (°F)			
38°C	100.4°F	41.5°C	106.7°F
38.5°C	101.3°F	42°C	107.6°F
39°C	102.2°F	42.5°C	108.5°F
39.5°C	103.1°F	43°C	109.4°F
40°C	104°F	43.5°C	110.3°F
40.5°C	104.9°F	44°C	111.2°F
41°C	105.8°F	44.5°C	112.1°F

3

THREE ELEMENTS OF INFORMATION THAT COULD SAVE YOUR LIFE

When in need of medical assistance, receiving treatment or in the event of an emergency, getting help is crucial. Communicating your current state of health, allergies or pre-existing medical conditions quickly to a medical professional can be a matter of life and death. This situation can be made worse when travelling and speaking to non-native English speakers. Medically trained individuals can provide you with the urgent care you need but who might be struggling to understand what is being explained to them. To help you in this situation, we created the Medical Diagnosis Interpreter (MDI).

The MDI is an innovative way in which you only need to point or mark how you are thinking and feeling, using the many illustrations and translated terms. The tool enables the medical professional to use what is being shown to them to help them diagnose any underlying problems. The MDI is grouped in logical sections. Some can be completed before seeking medical attention (sections A, B, C, D and H). The remaining sections can be used during an emergency (section E, F and G). All of the vital information needed to help the medical professional make an informed diagnosis. A diagnosis that will ultimately help in treating the condition, virus or illness.

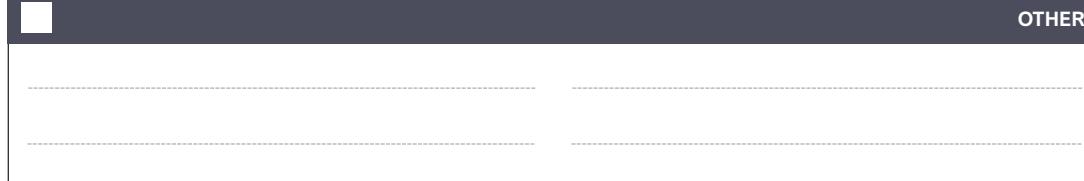
A successful diagnosis typically requires three elements of crucial information:-

- Details of any pains, conditions or symptoms you have been experiencing, what hurts, where and for how long
- Any medications you have already taken and how long ago
- Any allergies, pre-existing conditions and important information about you to help with the diagnosis and treatment

PAIN	<input type="checkbox"/>	SYMPOTM	<input type="checkbox"/>	MEDICATION	<input type="checkbox"/>	DURATION	<input type="checkbox"/>	MEASUREMENT	<input type="checkbox"/>
MINUTES	<input type="checkbox"/>	HOURS	<input type="checkbox"/>	WEEKS	<input type="checkbox"/>	MONTHS	<input type="checkbox"/>	HUNDREDS	<input type="checkbox"/>

Any medications taken in the past 24 hours

<input type="checkbox"/>	PARACETAMOL	<input type="checkbox"/>	IBUPROFEN	<input type="checkbox"/>	CANNABIS
	paracétamol paracetamolo 扑热息痛 paracetamol		ibuprofène ibuprofene 布洛芬 ibuprofeno		cannabis canapa 麻 (má) cannabis

<input type="checkbox"/>	ANTIBIOTICS	<input type="checkbox"/>	ASPIRIN	<input type="checkbox"/>	OTHER
	antbiotiques antibiotici 抗生素类 antibióticos		aspirine aspirina 阿司匹林 (āsīplín) aspirina		

	(tsp) teaspoon		(tbsp) tablespoon		(ml) millilitre		(l) litre
	cuillère à café cucchiaino 茶匙 (cháchí) cucharilla		cuillerée à soupe cucchiaio 汤匙 (tāngchí) cucharada		millilitre millilitro 毫升 (háoshēng) mililitro		litre litro 升 (shēng) litro
	(mcg) microgram		(mg) milligram		(g) gram		(-) other
	microgramme microgrammo 微克 (wēikè) micrograma		milligramme milligrammo 毫克 (háokè) miligrama		gramme grammo 公克 (gōngkè) gramo		autre altro 其他 (qítā) otro

F SYMPTOMS



symptôme | sintomo | 症状 (zhèngzhuàng) | síntoma

- | | | | | | | | | | |
|----------|----------|------------|-----------|-----------|----------|------------|------------|-----------|-----------|
| 1
ONE | 2
TWO | 3
THREE | 4
FOUR | 5
FIVE | 6
SIX | 7
SEVEN | 8
EIGHT | 9
NINE | 10
TEN |
|----------|----------|------------|-----------|-----------|----------|------------|------------|-----------|-----------|

TREMBLING / TINGLING



tremblements /
picotements | tremante /
formicolio | 发抖/发麻 |
temblor / hormigueso

LOSS OF BALANCE



instable / perte
d'équilibre | instabile /
perdita di equilibrio | 不
稳定/失去平衡 |
inestable / pérdida de
equilibrio

VOMIT / NAUSEA

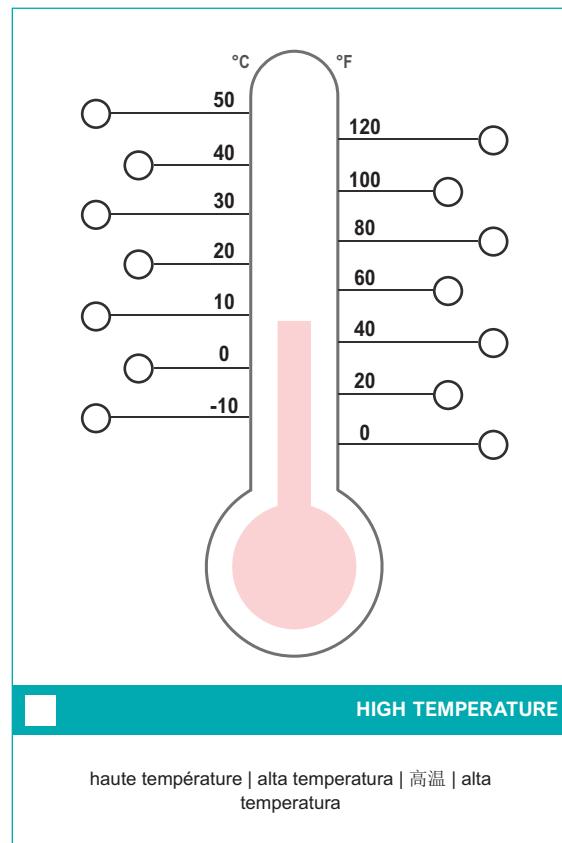


vomissements /
nausées | vomito /
nausea | 呕吐/恶心 |
vómito / náuseas

WEAK / LACK OF ENERGY



faible / manque
d'énergie | débole /
mancanza di energia |
虚弱/缺乏能量 | débil /
falta de energía



OTHER

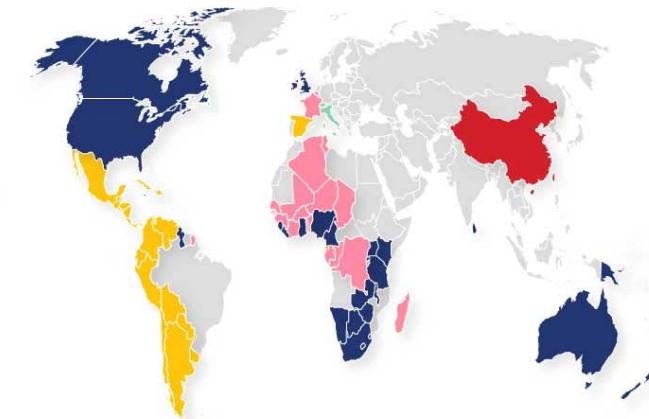
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ABOUT THE TOP 1-5 OF THE MOST TRAVELED EDITION

The top 1-5 of the most travelled edition uses translated terms for five of the most common and spoken languages in that area or region. The information below outlines all of the featured languages and the countries in which they are spoken.



FLAG	LANGUAGE	LANGUAGE SPOKEN IN
	French (fr)	Algeria, Belgium, Benin, Burkina Faso, Burundi, Cameroon, Canada, Central African Republic, Chad, Channel Islands, Comoros, Democratic Republic of the Congo, Republic of the Congo, Djibouti, Equatorial Guinea, France, French Guiana, French Guinean, French Guinean, Gabon, Guinea, Haiti, Ivory Coast, Luxembourg, Madagascar, Mali, Martinique, Mauritius, Mayotte, Monaco, New Caledonia, Niger, Reunion, Rwanda, Saint Barthélemy, Saint Martin (French), Saint Pierre and Miquelon, Senegal, Seychelles, Switzerland, Togo, Tunisia, Vanuatu, Wallis and Futuna
	English (en)	Anguilla, Antigua and Barbuda, Australia, The Bahamas, Barbados, Belize, Bermuda, Botswana, British Virgin Islands, Brunei Darussalam, Cameroon, Canada, Caribbean Netherlands, Cayman Islands, Channel Islands, Cook Islands, Dominica, Eritrea, Falkland Islands (Malvinas), Fiji, The Gambia, Ghana, Gibraltar, Grenada, Guam, Guyana, Hong Kong, India, Ireland, Isle of Man, Jamaica, Kenya, Kiribati, Lesotho, Liberia, Malawi, Malta, Marshall Islands, Mauritius, Federated States of Micronesia, Namibia, Nauru, Netherlands Antilles, New Zealand, Nigeria, Niue, Northern Mariana Islands, Palau, Papua New Guinea, Pitcairn Islands, Puerto Rico, Rwanda, Saint Helena, Saint Kitts and Nevis, Saint Lucia, Saint Martin (Dutch), Saint Vincent and the Grenadines, Samoa, Seychelles, Sierra Leone, Singapore, Solomon Islands, South Africa, Sri Lanka, Swaziland, Tanzania, Tonga, Trinidad and Tobago, Turks and Caicos Islands, Tuvalu, Uganda, United Kingdom (UK), United States of America (USA), United States Virgin Islands, Vanuatu, Zambia, Zimbabwe
	Italian (it)	Italy, San Marino, Switzerland, Vatican City
	Mandarin Simplified (ms)	China, Hong Kong, Macau, Singapore, Taiwan
	Spanish (es)	Argentina, Belize, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, El Salvador, Equatorial Guinea, Guadeloupe, Guatemala, Honduras, Mexico, Nicaragua, Panama, Paraguay, Peru, Puerto Rico, Spain, Uruguay, Venezuela

F SYMPTOMS



symptôme | sintoma | 症状 (zhèngzhuàng) | síntoma

1 ONE	2 TWO	3 THREE	4 FOUR	5 FIVE	6 SIX	7 SEVEN	8 EIGHT	9 NINE	10 TEN
-----------------	-----------------	-------------------	------------------	------------------	-----------------	-------------------	-------------------	------------------	------------------

I cannot...

je ne peux pas | non posso | 我不能 | no puedo

BREATH 	SWALLOW 	SMELL
souffle respiro 呼吸 (hūxī) aiento	avaler ingoiare 吞 (tūn) golondrina	odeur odore 闻 (wén) oler
TASTE 	SEE / VISION 	HEAR
goût gusto 味道 (wèidào) gusto	see / vision vedere / visione 看/见 ver / visión	entendre sentire 听 (tīng) oir
FEEL 	PASS URINE 	PASS A BOWEL
ressentir sentire 感觉 (gǎnjiào) sensación	passer l'urine urinare 通过尿 orinar	passer un intestin passare un intestino 通过肠 pasar un intestino
MOVE 	WALK 	TALK
bouge toi mossà 移动 (yídòng) movimiento	marche camminare 步行 (bùxíng) caminar	parler parlare 谈论 (tánlùn) hablar
LIFT 		
ascenseur sollevamento 电梯 (diàntī) ascensor		

ALLERGIES

allergies | allergie | 过敏症 | alergias

<input type="checkbox"/>	YES
<input type="checkbox"/>	NO

oui | sì | 是 (shì) | sí

non | no | 没有 (méiyǒu) | no

BLOOD GROUP

groupe sanguin | gruppo sanguigno | 血型 | grupo sanguíneo

A POSITIVE un positif un positivo 一积极 un positivo	A NEGATIVE un négatif a negativo 一负面 un negativo	AB POSITIVE ab positif ab positivo ab 阳性 ab positivo	AB NEGATIVE ab négatif ab negativo ab 阴性 ab negativo
B POSITIVE b positif b positivo b 正面 b positivo	B NEGATIVE b négatif b negativo b 负面 b negativo	O POSITIVE o positif o positivo o 正 lo positivo	O NEGATIVE o négatif o negativo o 负 o negativo
UNKNOWN inconnu sconosciuto 未知 (wèizhī) desconocido			

B ALLERGIES

allergies | allergie | 过敏症 | alergias

Please mark or tick (✓) - all of the allergies you have or have had in the past. Any allergies you may have can have a severe impact on any treatment or medication you receive.

<input type="checkbox"/> PENICILLIN	<input type="checkbox"/> ASPIRIN	<input type="checkbox"/> CHEMICAL
pénicilline penicillina 青霉素 (qīngmínsù) penicilina	aspirine aspirina 阿司匹林 (āsīpílín) aspirina	chimique chimico 化学 (huàxué) químico
<input type="checkbox"/> POLLEN	<input type="checkbox"/> DUST	<input type="checkbox"/> MOULD
pollen polline 花粉 (huāfēn) polen	poussière polvere 灰尘 (huīchén) polvo	moule muffa 模子 (múzi) molde
<input type="checkbox"/> ANIMALS	<input type="checkbox"/> FISH	<input type="checkbox"/> DAIRY
animal animale 动物 (dòngwù) animal	poisson pesce 鱼 (yú) pescado	laitier latteria 乳制品 (rǔ zhǐpǐn) lechería
<input type="checkbox"/> NUTS	<input type="checkbox"/> BITE	<input type="checkbox"/> STING
des noisettes noccioline 坚果 (jiānguǒ) nueces	mordre morso 咬 (yāo) mordedura	piquer puntura 刺 (cì) picadura
<input type="checkbox"/> OTHER		
.....



BACK

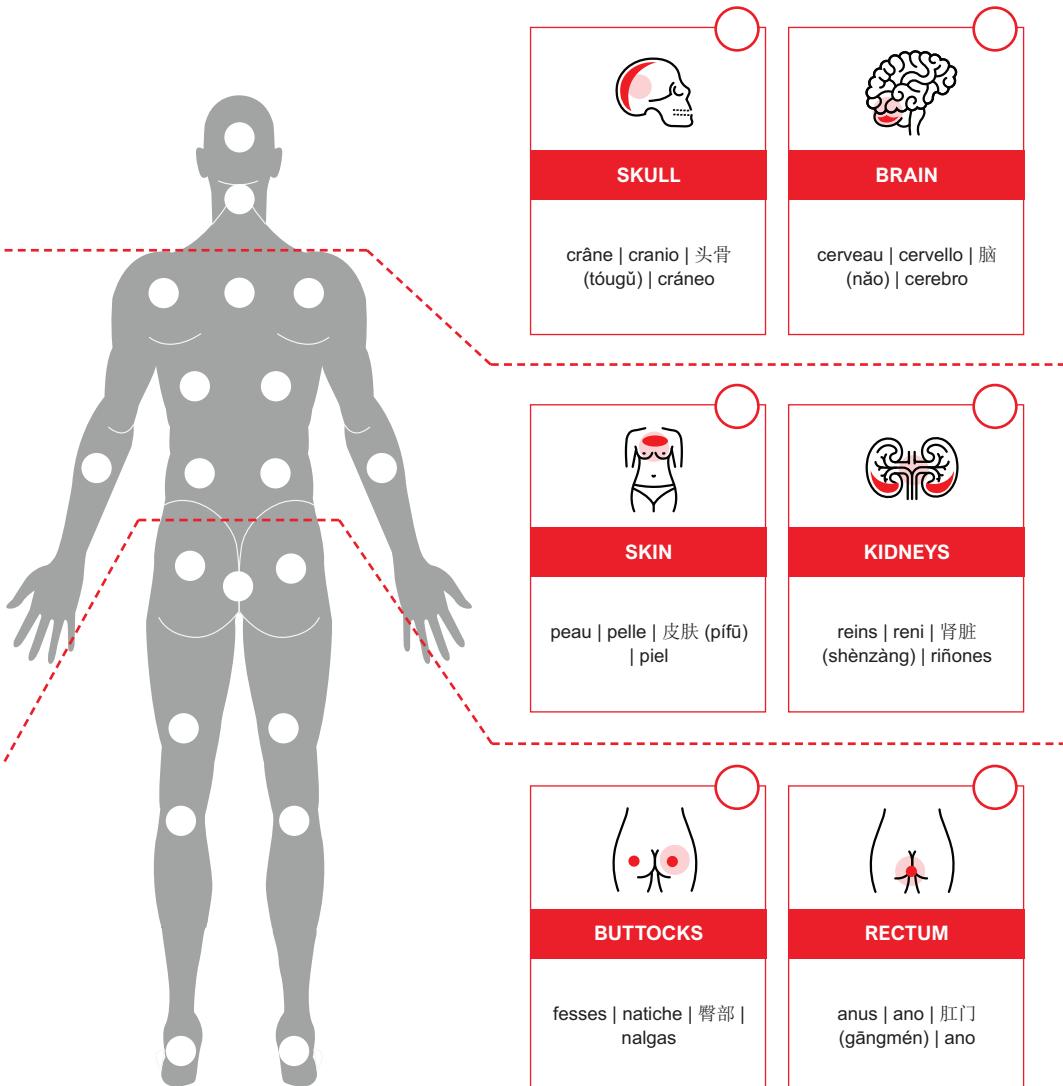
arrière | indietro | 背部 (bēibù) | espalda

PAIN	SYMPTOM	MEDICATION	DURATION	MEASUREMENT
MINUTES	HOURS	WEEKS	MONTHS	



douleur | dolore | 疼痛 (téngtòng) | dolor

1 ONE	2 TWO	3 THREE	4 FOUR	5 FIVE	6 SIX	7 SEVEN	8 EIGHT	9 NINE	10 TEN
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préexister | preesistono | 预先存在的 (yùxiān cúnzài de) | preexistir

Please mark or tick (✓) all of the pre-existing medical conditions you have or may have had in the past. If applicable, please circle (○) the relevant type or stage

<input type="checkbox"/> CANCER 1 2 3 4 cancer cancro 癌症 (áizhèng) cáncer	<input type="checkbox"/> DIABETES 1 2 diabète diabete 糖尿病 (tángniàobìng) diabetes	<input type="checkbox"/> LEUKAEMIA 1 2 3 4 leucémie leucemia 白血病 (báixiébing) leucemia
<input type="checkbox"/> PREGNANCY 0-3 4-6 7-9 grossesse gravidanza 怀孕 el embarazo	<input type="checkbox"/> ASTHMATIC ASTHMA COPD asthmatique asmático 哮喘 (xiāochuǎn) asmático	<input type="checkbox"/> LUPUS SLE CLE DLE lupus lupus 狼疮 lupus
<input type="checkbox"/> HIV / AIDS vih / sida hiv / aids 艾滋病毒/艾滋病 vih / sida	<input type="checkbox"/> EPILEPSY épilepsie epilessia 癫痫 (diānxíán) epilepsy	<input type="checkbox"/> MENTAL HEALTH santé mentale salute mentale 精神健康 (jīngshén jiànkāng) salud mental
<input type="checkbox"/> HEART DISEASE maladie cardiaque malattia del cuore 心脏病 (xīnzàng bìng) enfermedad del corazón	<input type="checkbox"/> HIGH CHOLESTEROL taux de cholestérol élevé colesterol alto 高胆固醇 colesterol alto	<input type="checkbox"/> HIGH BLOOD PRESSURE tension artérielle pressione sanguigna 血压 (xièyā) presión sanguínea
<input type="checkbox"/> OTHER		

D MEDICATION

des médicaments | medicazione | 药物治疗 (yàowù zhíliáo) | medicación

Please list all of the medications that you frequently take concerning your allergies or pre-existing conditions. Medical professionals must be made aware of any medications that you may take as it will affect decisions relating to any medication prescribed when you seek treatment

MEDICATION

des médicaments | medicazione | 药物治疗 (yàowù zhíliáo) | medicación

FREQUENCY

la fréquence | frequenza | 频率 (pínlǜ) | frecuencia

MEASUREMENT

la mesure | misurazione | 测量 (cèliáng) | medición

1

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

2

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

3

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

4

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

5

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

6

HOURLY | DAILY

TSP | TBSP | MCG | MG | G | ML | L

hourly | toutes les heures
| ogni ora | 每小时 | cada hora

daily | du quotidien | quo-didiano | 日常 | diario

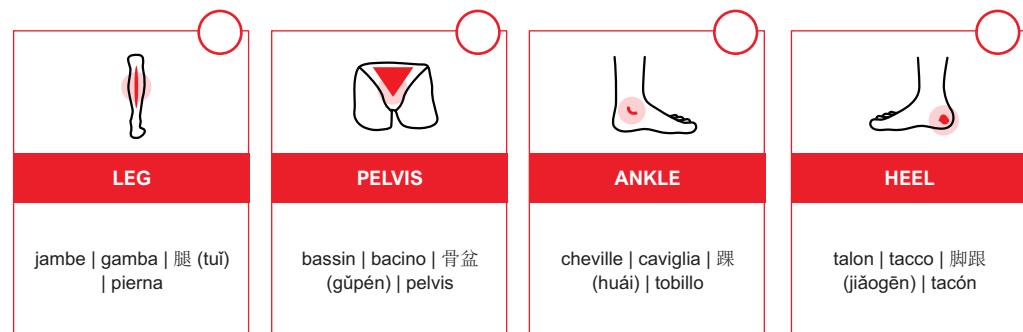
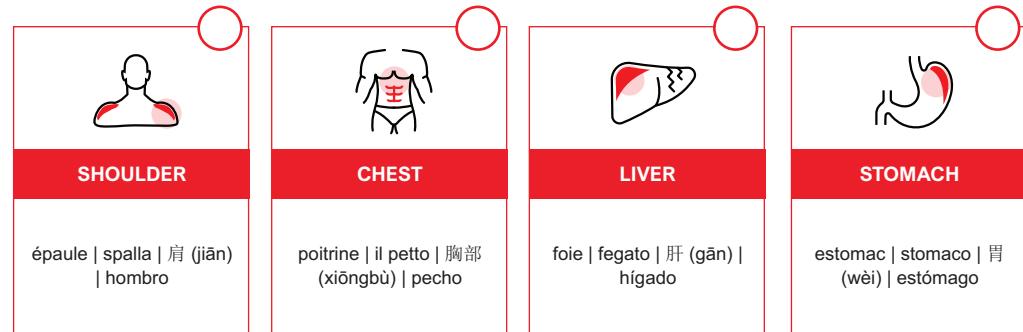
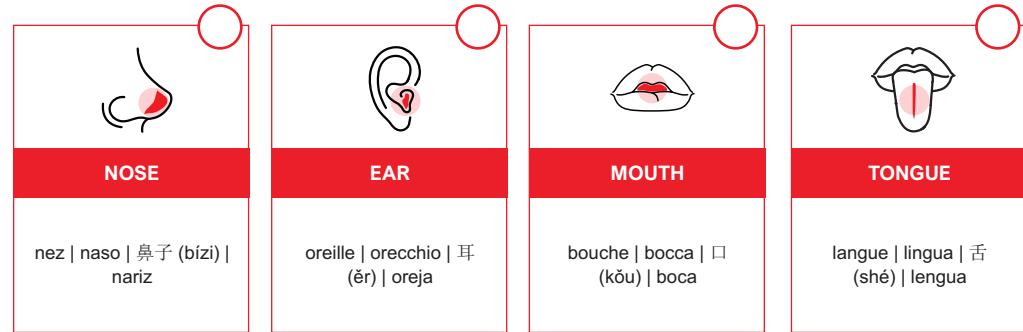
tsp | cuillère à café | cucchiaino | 茶匙 (cháchí) | cucharilla
tbsp | cuillerée à soupe | cucchiaio | 汤匙 (tāngchí) | cucharada
mcg | microgramme | microgrammo | 微克 (wēikè) | micrograma
mg | milligramme | milligrammo | 毫克 (háokè) | miligramo
g | gramme | grammo | 公克 (gōngkè) | gramo
ml | millilitre | millilitro | 毫升 (háoshēng) | mililitro
l | litre | litro | 升 (shēng) | litro



FRONT

de face | davanti | 面前 (miànqián) | frente

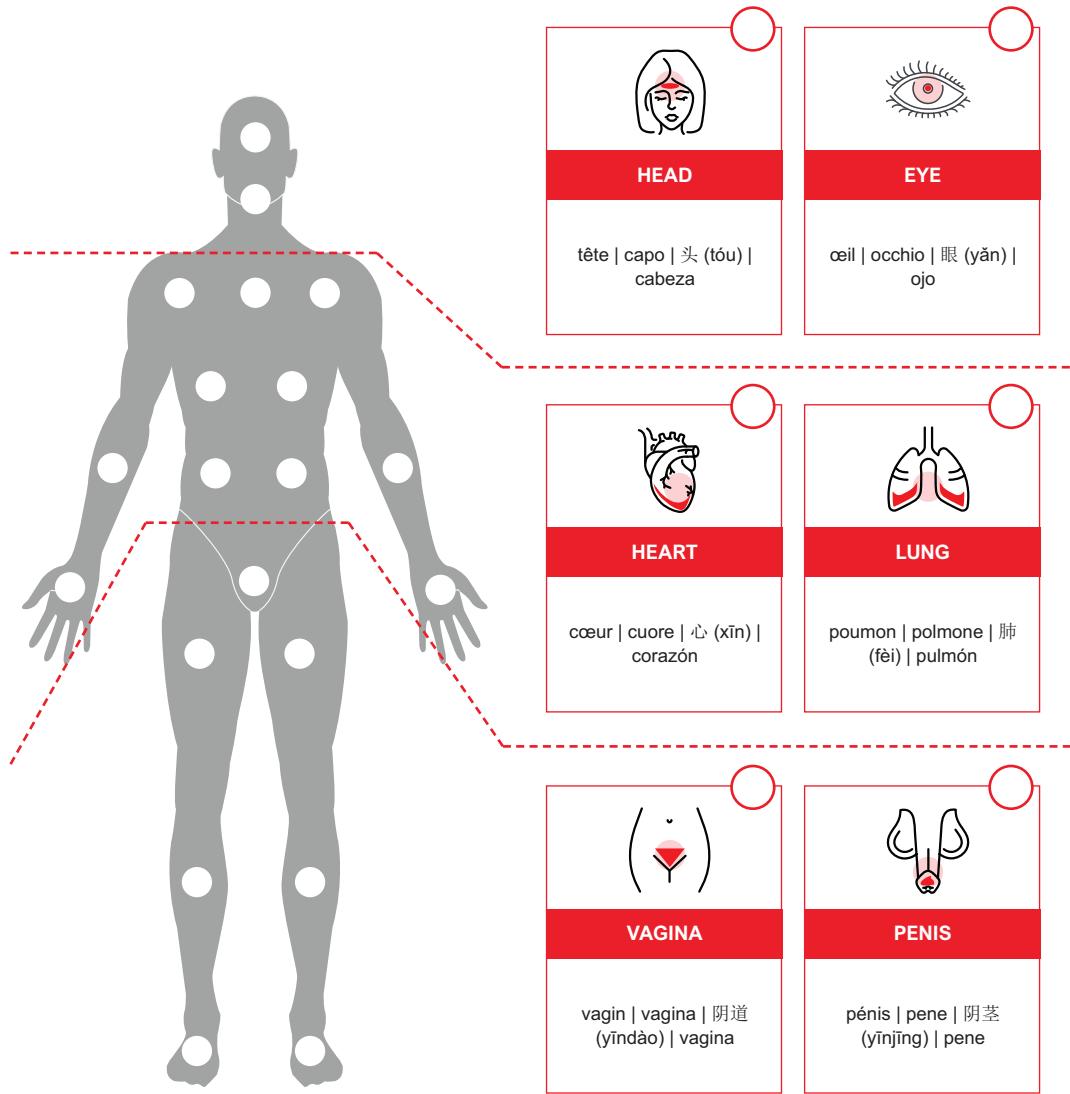
PAIN	SYMPOTM	MEDICATION	DURATION	MEASUREMENT
MINUTES	HOURS	WEEKS	MONTHS	



TOP 1-5 OF THE MOST TRAVELED (EDITION)

13

douleur | dolore | 疼痛 (téngtòng) | dolor



en cas d'urgence | durante un'emergenza | 在紧急情况下 | durante una emergencia

The following sections have been designed to help you communicate any pains, symptoms you are experiencing or any medication you have taken when speaking to a medical professional. You can either point or mark the relevant boxes, describing your symptoms quickly and easily using the Medical Diagnosis Interpreter (MDI).

HOW TO COMMUNICATE

Communicating in a four-step process, let us start by going to section E or the areas of pain to begin

Step 1 - Please go to the numbers bar at the top of section E, where you can either point or tick (✓) the number of pains you are experiencing. One for a single area of pain, two for the second pain and so on



Step 2 – When ready to describe your first or only pain, you can either point or tick the region of the body (front or back) or specific body parts where the pain is located. When you have finished highlighting all of the areas, you can either point to the stop or next marker if you have more than one pain. Both markers can be found at the top right-hand side of the page



Step 3 – Next, you will need to indicate how long you have been experiencing the pain. You do this by selecting the duration marker, followed by the minutes, hours or days markers (for example, 10 + minutes). If you are trying to describe multiples, such as 30 minutes, you could point to the ten marker three times (e.g., 10 plus 10 plus 10), followed by the minute marker



Step 4 – Finally, we will highlight the pain level on a scale from 1 to 10. If you are suffering multiple pains, go back to the beginning of section E, select two from the number scale to describe the subsequent pain and so on.



You will follow a similar process for symptoms (section F) and any drugs/medication taken (section G). In the medication taken section, you will also be required to use the numbering system to describe measurements, such as 1 + 2 + thousand + mg, which would represent one 2000mg tablet)

Important: During an emergency, you must convey areas of pain, symptoms and any drugs or medication you have taken quickly and efficiently. If a pain, symptom or drug/medication is not listed, write it within the relevant 'other' box, remembering to use BLOCK CAPITAL letters. Providing any information that is not listed helps the medical professional to look it up and translate the terms quickly to form a diagnosis

1 ONE	2 TWO	3 THREE	4 FOUR	5 FIVE	6 SIX	7 SEVEN	8 EIGHT	9 NINE	10 TEN
un uno 一 (yī) uno	deux due 二 (èr) dos	trois tre 三 (sān) tres	quatre quattro 四 (sì) cuatro	cinq cinque 五 (wǔ) cinco	six sei 六 (liù) seis	sept sette 七 (qī) siete	huit otto 八 (bā) ochos	neuf nove 九 (jiǔ) nueve	dix dieci 十 (shí) diez

PAIN	douleur dolore 疼痛 (téngtòng) dolor	HOURS	heure ora 小时 (xiǎoshí) hora
SYMPTOM	symptôme sintomo 症状 (zhèngzhàng) síntoma	WEEKS	la semaine settimana 周 (zhōu) semana
MEDICATION	des médicaments medicazione 药物治疗 (yàowù zhiliáo) medicación	MONTHS	mois mese 月 mes
DURATION	durée durata 持续时间 (chíxù shíjīan) duración	HUNDREDS	cent centinaio 百 (bǎi) cien
MEASUREMENT	la mesure misurazione 测量 (cèliáng) medición	THOUSANDS	mille mille 千 (qiān) mil
MINUTES	minute minuto 分钟 (fēnzhōng) minuto		

English (en)
 French (fr)
 Italian (it)
 Mandarin Simplified (ms)
 Spanish (es)