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MEDICAL DIAGNOSIS INTERPRETER

Point, mark, translate & communicat

NORTHEAST ASIA

Edition











In our hour of need, our words and how we communicate can be the difference between life and death. Quickly express how you are feeling to get the help and support you need.

Stay safe, protected and return home safely

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All of the phrases and terms used in this document are literal translations and have not been validated or verified by a native speaker. All of the illustrations and terms have been designed to support and aid conversations, and any diagnosis carried out by a medical professional. The Medical Diagnosis Interpreter (MDI) is designed for illustrative purposes only and does not constitute advice. Though we have endeavoured to ensure that all of the information used is up-to-date, we do not provide any guarantees to the accuracy and completeness of any information contained within the MDI. By using the MDI you accept you are doing so at your own risk.

Conversion Table

MASS							
microgram (mcg) / miligram (mg) / gram (g)							
500mcg	0.5mg						
600mcg	0.6mg						
700mcg	0.7mg						
800mcg	0.8mg						
900mcg	0.9mg						
1mg	0.001g						
500mg	0.5g						
600mg	0.6g						
700mg	0.7g						
800mg	0.8g						
900mg	0.9g						
1g	1g						

VOLUME								
teaspoon (tsp) / tablespoon (tbsp) / millilitre (ml) / litre (l)								
1 tsp 6ml								
1 tbsp	3tsp or 15ml							
100ml	0.11							
200ml	0.21							
300ml	0.31							
400ml	0.41							
500ml	0.51							
600ml	0.61							
700ml	0.71							
800ml	0.81							
900ml	0.91							
11	11							

TEMPERATURE									
celsius (°C) / fahrenheit (°F)									
38°C	100.4°F	41.5°C	106.7°F						
38.5°C	101.3°F	42°C	107.6°F						
39°C	102.2°F	42.5°C	108.5°F						
39.5°C	103.1°F	43°C	109.4°F						
40°C	104°F	43.5°C	110.3°F						
40.5°C	104.9°F	44°C	111.2°F						
41°C	105.8°F	44.5°C	112.1°F						

緊急連絡 | 긴급 연락처 | 紧急联系人 | экстренный контакт

I NEED HELP...

私は助けが必要です | 도움이 필요해. | 我需要帮助 | мне нужна помощь

DOCTOR

In the event of an emergency, please contact any of the individuals, insurance companies or other services/providers listed in the sections below. When completing this section, please ensure that you use **BLOCK CAPITALS** (e.g. ABC)

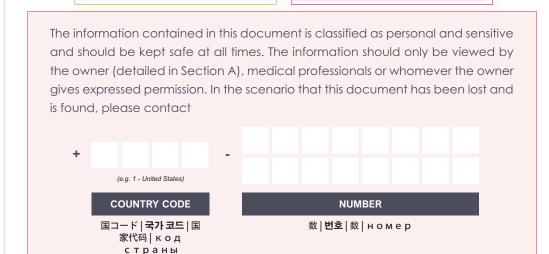


COMPANY				
会社 회사 公司 компания				
POLICY NUMBER				
規約の番号 정책 번호				
保单号码 номер полиса				









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THREE ELEMENTS OF INFORMATION THAT COULD SAVE YOUR LIFE

When in need of medical assistance, receiving treatment or in the event of an emergency, getting help is crucial. Communicating your current state of health, allergies or pre-existing medical conditions quickly to a medical professional can be a matter of life and death. This situation can be made worse when travelling and speaking to non-native English speakers. Medically trained individuals can provide you with the urgent care you need but who might be struggling to understand what is being explained to them. To help you in this situation, we created the Medical Diagnosis Interpreter (MDI).

The MDI is an innovative way in which you only need to point or mark how you are thinking and feeling, using the many illustrations and translated terms. The tool enables the medical professional to use what is being shown to them to help them diagnose any underlining problems. The MDI is grouped in logical sections. Some can be completed before seeking medical attention (sections A, B, C, D and H). The remaining sections can be used during an emergency (section E, F and G). All of the vital information needed to help the medical professional make an informed diagnosis. A diagnosis that will ultimately help in treating the condition, virus or illness.

A successful diagnosis typically requires three elements of crucial information: -

- Details of any pains, conditions or symptoms you have been experiencing, what hurts, where and for how long
- Any medications you have already taken and how long ago
- Any allergies, pre-existing conditions and important information about you to help with the diagnosis and treatment





+ | >

症状 | 징후 | 症状 | симптом

1 2 3 4 5 6 7 8 9 10 TEN

TREMBLING / TINGLING



震え/うずき | <mark>떨림 / 따끔</mark> **거림** | 发抖/发麻 | ДРОЖЬ / ПОКалывание

LOSS OF BALANCE



不安定 | **불안정** | 不稳定 | потеря баланса

VOMIT / NAUSEA

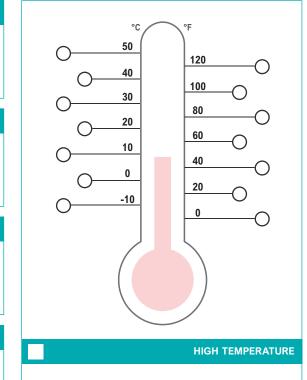


嘔吐/吐き気 | **구토 / 구 역** | 呕吐/恶心 | pBOTa / TOШHOTa

WEAK / LACK OF ENERGY



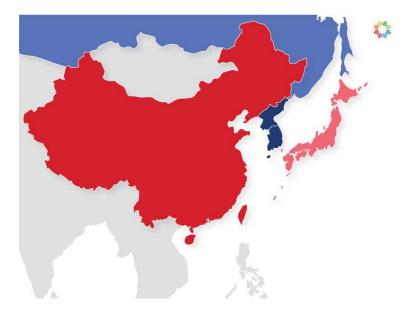
弱い|**약한**|虚弱| недостаток энергии



高温 | **높은 온도** | 高温 | высокая температура

ABOUT THE NORTHEAST ASIA EDITION

The Northeast Asia edition uses translated terms for five of the most common and spoken languages in that area or region. The information below outlines all of the featured languages and the countries in which they are spoken



FLAG	LANGUAGE	LANGUAGE SPOKEN IN
•	Japanese (jp)	Japan
(•)	Korean (ko)	Democratic People's Republic of Korea, Republic of Korea
*3	Mandarin Simplified (ms)	China, Hong Kong, Macau, Singapore, Taiwan
_	Russian (ru)	Belarus, Russia

PERSONAL INFORMATION

個人情報 | 개인 정보 | 个人信息 | личная информация



NATIONALITY

国籍 | 국적 | 国籍 | национальность

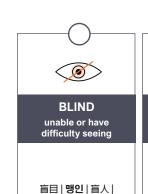
AGE

年齢 | L-10 | | 年龄 | возраст



SPECIAL REQUIREMENTS

特別な要件 | 특별 요구 사항 | 特殊要求 | специальные требования





DEAF unable or have difficulty hearing

聴覚障害者 | 청각 장애 | 耳聋 | глухие



MUTE unable or have difficulty speaking

ミュート | 음소거 | 静音 отключение звука



NOT **APPLICABLE**

適用できません | 해당 사 항 없음 | 不适用 | непригодный





MEDICATION

DURATION

MEASUREMENT

MINUTES

WEEKS

MONTHS

I feel or have...

感じるか持っている | 나는 느끼거나 가지고있다 | 我感到或拥有 | ячувствую или имею

ANXIETY

BURNS

COUGH

IRRITABLE

ACHES / PAINS

HOURS



痛み/痛み | 통증 / 고통 疼痛/痛苦 | боли/ боли



不安 | 걱정 | 焦虑 | тревожность



かすみ/霧 | 흐릿한 / 안 개|模糊/有雾| размыто/ туманно

BLURRED / FOGGY

BROKEN / STRAINED



GENDER

壊れた/緊張した | **파손** / 변형 | 破碎/拉紧 | сломанный/ напряженный



やけど | **화상** | 烧伤 ожоги



悪寒/震え | 오한 / 떨림 | 发冷/发抖 | озноб/ дрожь

CHILLS / SHIVERING

CONFUSED



混乱した | 혼란스러운 | 困惑| смущенный



咳 | 기침 | 咳嗽 | кашель



乾いた/のどが渇いた | 건조 / 목 마른 | 干/口渴 | сухой/ жаждущий

LIGHTHEADED / DIZZY

DRY / THIRSTY

FATIGUE / DROWSY



疲労/眠気 | 피로 / 졸음 | 疲劳/困倦 | усталость/ сонливость



過敏な | 민감한 | 急躁 | раздражи тельный

LOSS OR SHORT OF BREATH



めまい | **현기증** | 头晕 | легкомыс ленный

LOSS OF APPETITE



食欲減少 | 식욕 상실 | 食 欲不振 | потеря аппетита



息切れまたは息切れ | 호 흡 곤란 | 气喘吁吁 | потеряили одышка

SWEATING / WARM



発疹/かゆみ | 발진 / 가 려움 | 皮疹/发痒 | сыпь/зуд

RASH / ITCHY

SORE / SWOLLEN



酸痛/肿胀 | воспаленный /опухший

発汗/暖かい | 발한 / 따 뜻한 | 出汗/温暖 | потливость/ тепло

слепой





for detailed allergies see section B

症状 | 징후 | 症状 | симптом

6 8 10 4 SIX NINE TEN THREE **SEVEN EIGHT** ONE TWO **FOUR**

I cannot...

私はできない | 난 天計 | 我不能 | я не могу







飲み込む | 제비 | 呑 | глотать



臭い | 냄새 | 闻 | запах

SMELL

HEAR

TALK



味 | 미각 | 味道 |

вкус



見る/ビジョン | 참조 / 비전 | 看/见 | видеть/ видение

SEE / VISION

PASS URINE



聞く | 듣다 | 听 | заслушивать





尿を渡す | 소변을 통과 시키다 | 通过尿 | мочи



腸を通過する | 장을 통 과시키다 | 通过肠 | пропустить кишечник

PASS A BOWEL



動く | 움직임 | 移动 | переехать





歩く | 산책 | 歩行 | ходить



トーク | 0 | 0 | 7 | | 谈论 | говорить

LIFT



リフト | **승강기** | 电梯 | лифт

ALLERGIES

アレルギー | **알레르기** | 过敏症 | а л л е р г и и





BLOOD GROUP

血液型 | 혈액형 | 血型 | группа крови



ポジティブ | 긍정적 인 | 一积极 | a положит ельный



A NEGATIVE

マイナス | a **부정** | 一负 面 а отрицат ельный



AB POSITIVE

ポジティブ | ab 긍정적 | ab阳性 | ab полож ительный



AB NEGATIVE

ネガティブ | ab **네거티** 브|ab阴性|ab отрица тельный



B POSITIVE

ポジティブ | b 긍정적 | b正面 | 6 положит ельный



B NEGATIVE

マイナス | b **네거티브** | b负面 | ботрица тельный



O POSITIVE

oポジティブ | o 긍정적 | о正 | о положи тельный



O NEGATIVE

o negative | o 네거티브 | о负 отрица тельный



UNKNOWN

未知の | 알 수 없는 | 未知 неизвестный

B ALLERGIES

アレルギー | **알레르기** | 过敏症 | аллергии

Please mark or tick (\checkmark) -all of the allergies you have or have had in the past. Any allergies you may have can have a severe impact on any treatment or medication you receive.





грудь

BACK

バック **| 뒤로** | 背部 | назад

рука





позвоночник

腕|**팔**|臂| p y к a

4

FOUR

3

THREE

ONE

TWO

10

TEN

9 NINE

8

EIGHT

LUPUS

DLE

先在する | **선재론 자 | 预**先存在的 | с у щ е с т в о в а т ь д о

Please mark or tick (✓) all of the pre-existing medical conditions you have or may have had in the past. If applicable, please circle (\bigcirc) the relevant type or stage













CLE

SLE



HIV / AIDS

HEART DISEASE

сердца







心臓病 | 심장병 | 心脏病 |болезнь









血圧 | 혈압 | 血压 | кровяное давление

MENTAL HEALTH



6

SIX

SEVEN

MEDICATION

投薬 | 약물 치료 | 药物治疗 | лечение

Please list all of the medications that you frequently take concerning your allergies or preexisting conditions. Medical professionals must be made aware of any medications that you may take as it will affect decisions relating to any medication prescribed when you seek treatment



hourly | 毎時 | **매시간** | 毎 почасовой daily | 毎日 | **매일** | 日常 | ежедневно

mcg | マイクログラム | **마이] 크로 그램** | 微克 | микрограмм mg | ミリグラム | **밀리그램** | 毫克 | миллиграмм g | グラム | ユ램 | 公克 | грамм ml | ミリリットル | **밀리리터** | 毫升 | миллилитр || リットル | **리터** | 升 | литр



FRONT

フロント | 앞 | 面前 | фронт

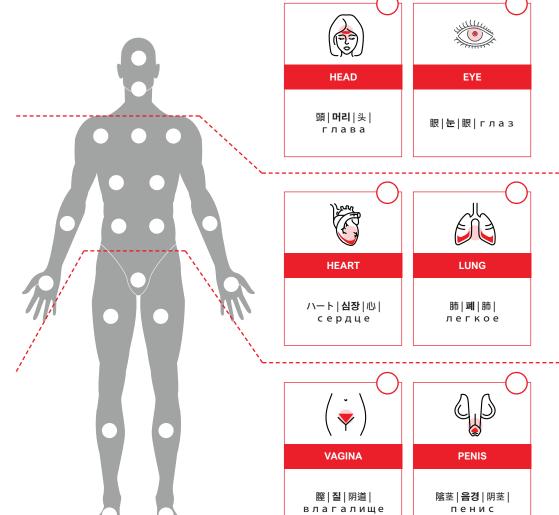






_____ 痛み | **고**통 | 疼痛 | боль

1 2 3 4 5 6 7 8 EIGHT NINE TEN



DURING AN EMERGENCY

緊急時 | 비상시 | 在緊急情况下 | во время чрезвычайной ситуации

The following sections have been designed to help you communicate any pains, symptoms you are experiencing or any medication you have taken when speaking to a medical professional. You can either point or mark the relevant boxes, describing your symptoms quickly and easily using the Medical Diagnosis Interpreter (MDI).

HOW TO COMMUNICATE

Communicating in a four-step process, let us start by going to section E or the areas of pain to begin

Step 1 - Please go to the numbers bar at the top of section E, where you can either point or tick (\checkmark) the number of pains you are experiencing. One for a single area of pain, two for the second pain and so on



Step 2 – When ready to describe your first or only pain, you can either point or tick the region of the body (front or back) or specific body parts where the pain is located. When you have finished highlighting all of the areas, you can either point to the stop or next marker if you have more than one pain. Both markers can found at the top right-hand side of the page



Step 3 – Next, you will need to indicate how long you have been experiencing the pain. You do this by selecting the duration marker, followed by the minutes, hours or days markers (for example, 10 + minutes). If you are trying to describe multiples, such as 30 minutes, you could point to the ten marker three times (e.g., 10 plus 10 plus 10), followed by the minute marker



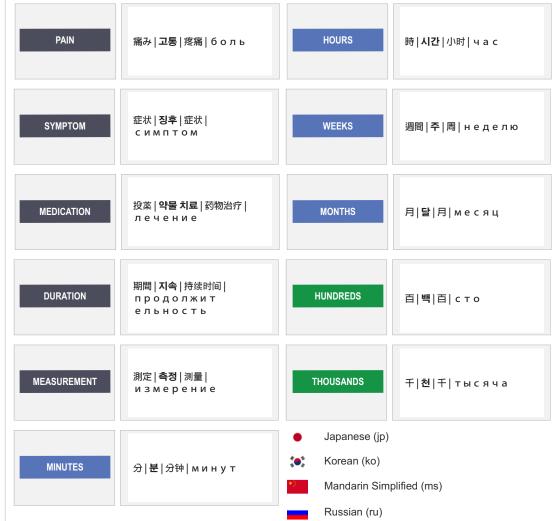
Step 4 – Finally, we will highlight the pain level on a scale from 1 to 10. If you are suffering multiple pains, go back to the beginning of section E, select two from the number scale to describe the subsequent pain and so on.



You will follow a similar process for symptoms (section F) and any drugs/medication taken (section G). In the medication taken section, you will also be required to use the numbering system to describe measurements, such as 1 + 2 + thousand + mg, which would represent one 2000mg tablet)

Important: During an emergency, you must convey areas of pain, symptoms and any drugs or medication you have taken quickly and efficiently. If a pain, symptom or drug/medication is not listed, write it within the relevant 'other' box, remembering to use BLOCK CAPITAL letters. Providing any information that is not listed helps the medical professional to look it up and translate the terms quickly to form a diagnosis

1	2	3	4	5	6	7	8	9	10
ONE	two	THREE	FOUR	FIVE		SEVEN	EIGHT	NINE	TEN
1 하나 — один	_ 두 _ два	≡ И ≡ три	4つの 사 四 4	五 다섯 五 5	6 晕 六 ше сть	セブン 일곱 七 ce мь	8 여덟 八 8	9人 0h홉 九 9	+ 십 + 10



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